

Graduate Extension Degree Programs

In coordination with the School of Education and Professional Studies, the Office of Extended Education coordinates the offering of courses for five Master's degree programs in the Watertown area:

- M.S.Ed. Literacy Specialist (Birth-Grade 6);
- M.S.Ed. Literacy Specialist (Grades 5-12);
- M.S.Ed. Literacy Educator;
- M.S.Ed. Curriculum and Instruction; and
- M.S.T. Childhood Education (Grades 1-6)
- MS.Ed. Instructional Communications Technology/Organizational Leadership

The courses meet on the campus of Jefferson Community College and are scheduled weekday evenings, Saturdays or online to accommodate the needs of students who have work or other family commitments during the daytime hours. Prospective students need to be aware that for each Watertown-area degree program, students are required to enroll in one course that is offered only on the SUNY Potsdam campus. Multi-year schedule templates are available to assist students in completing their degree on a timely basis.

SUNY Potsdam provides a program coordinator/adviser in the Watertown area to assist prospective and current students. The coordinator's office is located in the JCC Higher Education Center located on the campus of Jefferson Community College. Please call 315-786-2373 to schedule an appointment.

In addition, also in coordination with the School of Education and Professional Studies, the Office of Extended Education offers of a part-time MST Childhood Instruction (Grades 1-6) degree program in Ottawa, Ontario. Additional detailed information is available on the School of Education and Professional Studies web site under Childhood/Early Childhood Education.

Online Course Offerings

The Office of Extended Education coordinates the development and scheduling of all distance learning (on-line, video conferencing, internet-based, etc.) credit courses for the College. A variety of undergraduate and graduate courses are offered throughout the academic year, as well as in the Summer and Winterim Sessions. Further information, as well as course schedules, is available under Extended Education at www.potsdam.edu/academics/exted and under www.potsdam.edu/academics/online.

Non-Matriculated Undergraduate Students

The Office of Extended Education is responsible for admitting and registering all non-matriculated undergraduate students to the College, as well as monitoring their satisfactory academic progress. Please refer to pages 15 and 46 for detailed admission requirements, registration procedures and satisfactory academic progress policies.

College Advancement Program (CAP)

The College offers qualified high school junior and senior-level students the opportunity to enroll in regularly scheduled undergraduate courses for college credit with the approval of the faculty member teaching the course. Admission requirements are: Minimum 80.0 grade point in a Regents/college preparatory curriculum as indicated on an official high school transcript; a letter of recommendation from the high school principal and/or guidance counselor; and, if under age 18, the completed first page of the Student Health Report (a completed entire report is required if taking 6 or more credits).

College in High School Program (CHS)

Together with participating area high schools, the College offers qualified high school junior and senior students the opportunity to enroll in mutually agreed upon high schools courses and receive SUNY Potsdam college credit for the their satisfactory completion. Tuition and fees for these courses are offered at a reduced rate which is significantly less than the normal per credit tuition and fee rates. Admission requirements are the same as for the College Advancement Program (see above for details). Further information is available on the Extended Education Web site: www.potsdam.edu/academics/exted.

Center for Lifelong Education and Recreation (CLEAR)

Non-Credit Courses

A variety of non-credit courses and programs are offered throughout the year for children and adults. They include gymnastics, dancing, swimming, fitness, computer, art and a variety of additional personal interest courses.

For information on semester offerings please visit our Web site: www.potsdam.edu/community/noncredit or call 315-267-2169.

Summer Camps

The Center for Life Long Education and Recreation offers a variety of summer, day and resident camps, for children and young adults. One of our most popular camps is the Crane Youth Music camp, which is offered over a two-week period beginning in late June. Other camps typically offered each summer are French camp, Swim camp and the "Bears" International Summer Basketball camp. In addition to these camps, we also offer a summer hockey clinic and numerous programs for young basketball and soccer players.

Conferences, Events, Meetings and Workshops

A large number of events, meetings, workshops and conferences are both coordinated and offered through this Office. Many of these are regional, national, and international in scope. The College encourages the use of its many fine and varied facilities by outside groups and organizations for these types of activities. A Conference and Events Services brochure is available through the Center for Lifelong Education and Recreation. Please call for additional information and details 315-267-2167 or visit our web site at www.potsdam.edu/community/conferences.

ATHLETICS AND PHYSICAL EDUCATION

Contact Person: James Zalacca, Director of Athletics and Phys. Ed.
232 Maxcy, 315-267-2314, zalaccja@potsdam.edu

Each student must complete four activities of appropriately designated physical education courses in addition to the 120 academic credit hours required for the B.A. or the 124 required for the B.M. degree. A course approved for General Education Physical Education designation and also for a Mode of Inquiry may simultaneously serve toward the completion of both the academic requirement and one course of the physical education requirement. Transfer students who have not completed this requirement must earn one semester hour of physical education for every 30 credit hours enrolled at SUNY Potsdam, not to exceed a maximum of four credit hours or the equivalent.

Participation on an intercollegiate athletic team may be used to fulfill a maximum of two of the four required physical education activities.

A maximum of one-half of the student's requirement may be fulfilled by satisfactory completion of the same course twice.

Note: Courses numbered PE 100-299 do not count for academic credit hours and cannot be used to fulfill any requirements except the General Education Physical Education requirement. Courses numbered PE 300-499 count for non-liberal arts academic credit hours.

Physical Education Course Descriptions (non-liberal arts credit)

PE 195, 295, 395, 495 – Special Topics (1-12)

PE 198 298, 398, 498 – Tutorial (1-3)

PE 101-241 – Physical Education Activities (1) Development of skill for appreciation of a variety of activities for fitness and lifetime recreation. Count toward General Education Physical Education requirement.

Present course offerings are as follows. Other activities are offered at various times based on student interests and faculty expertise.

PE 102 – Badminton

PE 106 – Advanced Conditioning

PE 108 – Aerobic Kick-Boxing

PE 114 – Golf

PE 116 – Hatha Yoga

PE 118 – Basketball

PE 119 – Soccer

PE 120 – Ultimate Frisbee

PE 121 – Ice Skating

PE 122 – Cricket

PE 123 – Jogging and Conditioning

PE 124* – Physical Education Activities (*See department chair)

PE 125 – Self Defense

PE 127 – Racquetball

PE 128 – Softball

PE 131 – Swim for Fitness

PE 133 – Tennis

PE 135 – Volleyball

PE 136 – Weight Training

PE 137 – Softball

PE 139 – Walking for Fitness

PE 148 – Cooperative Activities: Course instructs future teachers how to utilize free time in the classroom by incorporating the entire class in cooperative activities. Develop the knowledge to facilitate games and execute them safely and effectively. Students participate in daily activities and on two occasions teach two activities of your choice.

PE 155 – Weight Loss (1) Path Weighs Weight Loss Class

PE 300 – @Lifeguarding (2) Provides Lifeguard training and Waterfront certification. Prerequisites: Must be able to swim 500 yards continuous (200 yds. freestyle, 100 yds. breast stroke, 200 yds. combination of freestyle & breaststroke). Gen Ed: fulfills 1 PE activity requirement. Counts for 2 non-liberal arts academic credits.

Intercollegiate Sports

PE 210 – Women's Varsity Softball

PE 211 – Men's Varsity Basketball

PE 215 – Men's Varsity Golf

PE 216 – Men's Varsity Soccer

PE 218 – Men's Varsity Swimming

PE 223 – Women's Varsity Basketball

PE 224 – Women's Varsity Soccer

PE 225 – Women's Varsity Swimming

PE 228 – Women's Varsity Ice Hockey

PE 229 – Men's Varsity Ice Hockey

PE 231 – Women's Varsity Lacrosse

PE 232 – Men's Varsity Lacrosse

PE 233 – Women's Varsity Volleyball

PE 235 – Equestrian

PE 240 – Women's Varsity Cross Country

PE 241 – Men's Varsity Cross Country

Coaching Certification

Students may be approved for coaching in the schools of New York State (Commissioner's Regulations, section 135.4) by successfully completing the following courses:

PE 303 – @Techniques of Coaching (2) Theory, strategy and skill development at various grade levels.

PE 326 – @Health and Sports Medicine (4) Anatomical, physiological and psychological factors in prevention, treatment and rehabilitation of pathological processes which occur in athletic participation. Fall only.

PE 335 – @Philosophy, Principles and Organization of Competitive Athletics in Education (3) Establishing guidelines for current programs; organization at elementary, junior high school and senior high school levels; local, state and national regulations; legal considerations; moral and ethical standards.