



“Bear” Necessities

Packing for Potsdam Checklist

Packing for college isn't as easy as packing for a week-long vacation. You and your stuff will be moving into an empty room and trying (along with a roommate) to make it feel like a home away from home. Don't panic, we're here to help. To ensure that you remember all the “Bear” necessities, this checklist will get you organized and help you decide what you need and do not need to bring to college. Remember, most freshman have a roommate, so try to talk to him/her so you don't end up bringing two of everything!

Bath

- Bathrobe
- Brush & Comb
- Cosmetics
- Curling/Flat Iron
- Dental Floss
- Deodorant
- Face Wash
- Gel/Mousse
- Hair Dryer
- Mouthwash
- Nail Clippers
- Razor
- Shampoo & Conditioner
- Shaving Cream
- Shower Caddy
- Shower Flip-Flops!
- Soap (hand & body)
- Tissues
- Toothbrush & Paste
- Towels/Washcloths
- What other personal bath items did you use today?
- _____
- _____
- _____

Bed

- Bed Sheets (80")
- Blankets/Comforter
- Pillow & Cases

Medical

- Acne Cream
- Aspirin
- Antibiotic Cream
- Band-Aids
- Contact Lens Solution
- Cotton Balls
- Decongestants
- Eye Glasses
- Eye Drops
- Pain Reliever
- Prescription Medication

- Q-Tips
- Vitamins
- What other medical items do you need?
- _____
- _____
- _____

Clothing

- Belts
- Dress Clothes
- Gloves
- Hat (Summer & Winter)
- Jackets (Light, Rain, & Winter)
- Jeans
- Jewelry & Watch
- Pajamas
- Purse/Wallet
- Shirts
- Shoes (Dress & Casual)
- Shorts
- Sneakers
- Socks (LOTS!)
- Sweaters
- Sweatshirts
- Sweatpants
- Swimsuit
- T-Shirts
- Underwear (LOTS!)
- Winter Boots
- Workout Clothes

TIP: When moving to a different place, know the climate and pack for all possible weather conditions.

Study Supplies

- Backpack
- Calculator
- Colored Pencils
- Daily Planner
- Desk Lamp
- Envelopes

- Erasers
- Folders
- Glue
- Highlighters
- Index Cards
- Labels
- Notebooks & Paper
- Paper Clips
- Pens & Pencils
- Post-Its
- Reference Books
- Rubber Bands
- Ruler
- Scissors
- Stamps
- Stapler
- Sticky Tack (For Wall Hangings)
- Tape
- Three-Hole Punch
- Waste Basket

Computer (Optional)

- Cables
- CDs or USB Sticks
- Computer
- Power Cord
- Printer
- Printer Paper
- Speakers
- Surge Protector

Around your Room

- Alarm Clock
- Area Rug
- Erasable Memo Board with Pens
- Fan
- Holiday Decorations
- Night Light
- Photos of Family, Friends, & Pets
- Posters
- Potted Plants
- Stick Pins
- Stuffed Animal

- Telephone
- TV (DVD player)
- What in your room would make your room at school feel more like home?
- _____
- _____
- _____

TIP: If you are taking a cell phone to college, make sure to check that your plan will work (you don't want any roaming charge surprises)

Food

- Bottled Water
- Cereal
- Condiments
- Easy Mac
- Favorite Snacks
- Juice Boxes
- Peanut Butter & Jelly
- Microwave Popcorn
- Power Bars
- Ramen Noodles
- Soda/Pop
- Soup
- Spaghetti Os
- It's the middle of the night and you're hungry. What are you going to want to eat?
- _____
- _____
- _____

Kitchen

- Can Opener
- Coffee Mug
- Dorm Refrigerator
- Microwave
- Paper Towels
- Pizza Cutter
- Plastic Food Containers
- Plastic Glasses, Plates & Bowls
- Utensils
- Ziploc Bags

Laundry

- Clothes Hamper/ Laundry Bag
- Clothes Hangers
- Detergent
- Drying Rack
- Fabric Softener
- Iron
- Stain Remover
- TIP: A red T-shirt can turn your white laundry pink when washed together...so separate!

Clean Up

- Dish Detergent
- Dish Cloth & Hand Towels
- Dusting Supplies
- Lysol
- Room Freshener
- Trash Bags

Miscellaneous

- Batteries
- Beach Towel
- Bike & Lock
- Board Games
- Bug Spray
- Camera
- Cards
- Duct Tape
- DVDs & Videos
- Earplugs
- Extension Cords & Power Strips
- Flashlight
- Light Bulbs
- Photo Albums
- Screwdriver & Basic Tools
- Spare Set of Car Keys
- Sports Equipment
- Sunglasses
- Sunscreen
- Umbrella
- Water Bottle
- What are the things that you just couldn't live without?
- _____
- _____
- _____

Paperwork

- Bank Account Info
- Course Schedule
- Driver's License
- Financial Aid Forms
- Health & Immunization Records
- Medical Insurance Card
- Passport
- Registration Information
- Social Security Number
- Student ID

To Add

In the time leading up to the move to college, keep track of the items you use, wear, and need. Add them to the list too.

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

What NOT to Bring

- Candles
- Coffee Maker
- Conventional Oven
- Hot Plate
- Halogen Lamps
- Kitchen Sink ☺
- Large sporting equipment
- Pets (other than fish)

Note: Regardless of how careful and diligent a packer you are, you are bound to forget something. Luckily, asking someone down the hall to borrow something is a great excuse to strike up a conversation.