Apple Blueberry Crisp

**makes 8 servings**

4 apples (McIntosh and Cortland are good for cooking)
2 cups blueberries
1/3 cup whole wheat flour
1 cup regular rolled oats
1 tsp cinnamon
1/2 cup brown sugar
4 TBS canola oil

1) Preheat oven to 350 degrees. Spray an 8x8” or 9x9” dish with cooking spray or rub with butter.
2) Wash, core and chop apples. No need to peel them. Put in cooking dish with blueberries.
3) In another small bowl, mix flour, oats, sugar and oil until crumbly. Spread evenly over fruit.
4) Bake at 350 degrees for about 40 minutes or until bubbly.

Serves 8

---

**HAPPY BIRTHDAY TO:**

Ms. Linda
Ms. Val
Ms. Lori
Arshan (Infant)
Francis (T2)
Jayla (Prog)
Kareem (PS3)
Logan (PS3)
Owen G. (PS3)
Jack G. (PS4)
Quintin (SA)

---

**Did you know...** that you can subscribe for a free e-newsletter that is regularly sent to your inbox and keeps you informed of children’s products that have been recalled for safety concerns? To sign up, visit [www.safekids.org/recallnews](http://www.safekids.org/recallnews). To register your car seat for automatic recall notices, go to the National Highway Traffic Safety Administration homepage.

**Apple Blueberry Crisp**

**makes 8 servings**

4 apples (McIntosh and Cortland are good for cooking)
2 cups blueberries
1/3 cup whole wheat flour
1 cup regular rolled oats
1 tsp cinnamon
1/2 cup brown sugar
4 TBS canola oil

1) Preheat oven to 350 degrees. Spray an 8x8” or 9x9” dish with cooking spray or rub with butter.
2) Wash, core and chop apples. No need to peel them. Put in cooking dish with blueberries.
3) In another small bowl, mix flour, oats, sugar and oil until crumbly. Spread evenly over fruit.
4) Bake at 350 degrees for about 40 minutes or until bubbly.

Serve as is, or with low-fat frozen yogurt.

You can use any fruit you want. Just make sure it totals about 5 cups of fruit.

---

**SUNY Potsdam Child Care Center, Inc**

Merritt Hall
44 Pierrepont Ave.
Potsdam, NY 13676
Phone:
(315) 267-2391
Fax:
(315) 267-3443
E-mail:
moultolj@potsdam.edu

Website:
www.potsdam.edu/faculty/spccc

---

“An education that teaches you to understand something about the world has done only half of the assignment. The other half is to teach you to do something about making the world a better place.”

- Dr. Johnnetta B. Cole

**In honor of Women’s History Month, a story of an American Academic:**

Johnnetta Betsch was born in 1936 and at age 15, entered Fisk University, through the school’s early admissions program. She completed her undergraduate degree at Oberlin College and went on to earn a Master’s and Ph.D. from Northwestern University. Johnnetta became the first female African American President at Spelman College and later served as President of Bennett College for Women. Dr. Cole founded the Johnnetta B. Cole Global Diversity & Inclusion Institute and chaired the Board of Trustees of the United Way. In recent years, she has advised the Smithsonian Institute on the creation of a National Museum of African American History and was selected to serve as director of the National Museum of African Art.

---

**March 9th Daylight Saving Time Begins (set clocks ahead an hour)**

**March 20th The First Day of Spring 🌸🌸🌸**

---

**Big Feelings – Little People:**

Borrowed from Leslie McCollom
www.earlychildhoodteacher.org/a-day-in-the-life-of-a-preschool-teacher

“Every child. Every parent. Every day.”

This national campaign is bringing together a group of partners, across various sectors, to spread the message that daily reading aloud from birth builds a child’s academic skills for years to come. We agree!

To make it fun, try an online story time. Go to:
- [www.barnesandnoble.com/u/online-storytime-books-toys/379003588](http://www.barnesandnoble.com/u/online-storytime-books-toys/379003588)
- [www.storylineonline.net](http://www.storylineonline.net)
- [www.gigglepoetry.com](http://www.gigglepoetry.com)
- [www.shelsilverstein.com](http://www.shelsilverstein.com)
- [en.childrenslibrary.org/#](http://en.childrenslibrary.org/#)

An international children’s library.

---

Every spring, SPCCC participates in the Pennies for Patients program in memory of “Matty” Kuhn, a former preschool child. Over a three-week period, March 3rd to March 21st, families are asked to place spare change in their children’s collection box. Our goal this year is $350.00 and donations can now be done online. For details, visit the Leukemia & Lymphoma Society’s School & Youth Programs fundraising website at [www.wcnv.sy.ills/event/sunypotsdam/childcarecenterinc](http://www.wcnv.sy.ills/event/sunypotsdam/childcarecenterinc). Together, let’s get one step closer to a cure!