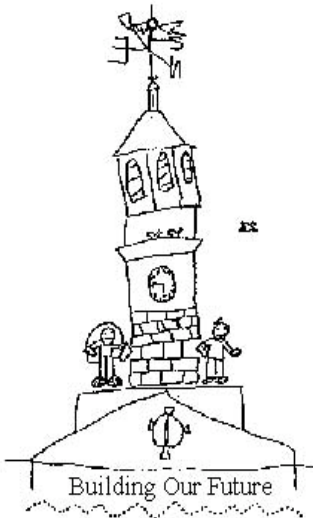


# SUNY Potsdam Child Care Center, Inc

December 2011  
Volume 5, Issue 4



## HAPPY BIRTHDAY

Aevah (Infant)  
Cohlee (Progressive)  
Megan (Toddler2)  
Owen H (Toddler2)  
Nicholas (Toddler2)  
Parker (Preschool4)  
Saadhika (Preschool4)  
Alison (Preschool4)  
Maggie (School-Age)  
Viola (School-Age)  
Celeste (School-Age)  
Abigail (School-Age)



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“Remember there’s no such thing as a small act of kindness.  
Every act creates a ripple with no logical end.”  
- Scott Adams

## WELCOME

Ms. Val in Toddler-2  
and  
Ms. Stefanie to the  
School-Age Program

*The Child Care Center will be closed  
from Friday, 12/23/2011 through Monday,  
1/2/2012. We will reopen again on  
Tuesday, 1/3/2011 for the New Year.*

If you check your calendar, December 22<sup>nd</sup> is the day that Winter begins... but as you know, the snow, cold and ice can arrive much earlier in Northern New York. Teachers will be taking the children outside to play in the fresh air and sunshine whenever the weather permits. So it is very important to protect your child with a supply of warm clothing: HAT, SCARF, MITTENS (or gloves), SNOWPANTS (or snowsuit), JACKET, and BOOTS. Also, it is always a good idea to have another set of spare clothing (underwear, socks, pants and shirt) in case your child’s clothes become wet or soiled during daily activities.

## WINTER FUN IDEAS:

- Shovel a twisting, turning maze
- Play Frisbee, soccer, tag, hide and go seek or follow the leader
- Use sand toys to make a snow castle
- After sundown, take out some flashlights, camping lanterns or headlamps
- Play I Spy, look for animal tracks, or pack a winter picnic with hot cocoa (of course)
- Build a backyard skating rink

## TOO COLD TO GO OUT?

- Build an indoor fort or put up a tent and fill it with cushions, pillows, blankets, books, stuffed animals, flashlights and snacks
- Go on a treasure hunt
- Make some goop, play dough or bubbles
- Clear the basement or garage for ride-on toys, jump rope, balls, and hula hoops
- Use painter’s tape for a hopscotch court, balance beam, free throw line or jumping targets
- Cook together
- Set up a windowsill herb garden
- Tackle a home improvement or cleaning project
- Videotape a family performance and watch it
- Bring some snow inside, put it in a tub, put on your mittens and enjoy!

## DID YOU KNOW?

The gadgets you buy as gifts this year could injure your children! Inside mini remote controls, small calculators, watches, key fobs, flameless candles, singing greeting cards and other electronics, may be a powerful coin-sized battery. If swallowed, a 20 mm lithium battery can get stuck in a child’s throat. Saliva triggers an electrical current creating a chemical reaction that can severely burn the esophagus leading to injuries and even death.



“Somebody has been at my porridge, and has eaten it all up!”  
From “The Story of the Three Bears”

**Monday, December 12 - 10a.m. SPCCC Preschool Holiday Sing-along in Merritt Hall Gym. Informal and open to family and friends.**

**Tuesday, December 13 - 10a.m. SPCCC Preschool Holiday Sing-along in Raymond Hall Lobby for SUNY Potsdam faculty, staff, and students.**