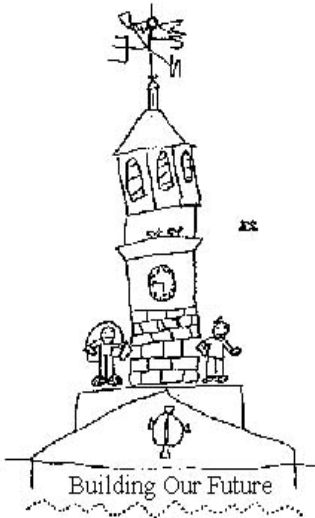


SUNY Potsdam Child Care Center, Inc.

May 2011
Volume 5, Issue 4



"The key to change is to let go of fear." - Roseanne Cash

Happy Mother's Day



WELCOME MS. VAL!
Our New Co-Teacher for
The School Age Program

STAFF DEVELOPMENT

HAPPY BIRTHDAY

Ms. Karen
Brayden (Inf)
Maddison (T1)
Celeste (T2)
Emma (T2)
Tyler (PS4)
Zoe (PS4)
Colleen (SA)
Jack (SA)
Luke (SA)
Megan (SA)



- ❖ Ms. Kathy and Ms. Lori attended a Child Care Solutions workshop on "Continuity of Care" the end of March in Syracuse, NY.
- ❖ A video interview with infant/toddler specialist **Magda Gerber** was just one of the highlights of our April staff development day. We shared our own early childhood memories by creating scrapbook pages. They are on display for your enjoyment ☺
- ❖ Ms. Jennifer is continuing work on-line to obtain her CDA. On April 3rd she finished a three-hour course from Head Start Body Start: "**Movement for Young Children**".
- ❖ Ms. Amy completed a course of study in April as well: "**101 Foods That Could Save Your Life**" offered by the American Dietetic Association.
- ❖ Ms. Linda attended a workshop lead by Marla McLean, an Atelierista at the prestigious School-Within-a-School in Washington, D.C. on May 2nd. The program focused on "**Creativity and Young Children: The Power of Reggio Emilia Inspired, Project Based and Material Rich Curriculum**" which we hope to integrate here.
- ❖ Ms. Lori, Ms. Kathy, Ms. Karen and Ms. Amanda will be participating in the **2011 SUNY Child Care Conference**, June 6-8, in Saratoga, NY.

FROM THE MOUTH OF BABES

A three-year-old boy was in the bathroom talking but his teacher couldn't hear him clearly. So moving closer to see if he needed help, she said, "Do you need something?"

He looked at her rather annoyed and replied; "I don't know why you are asking me questions when I'm just talking to myself!"

MARK YOUR CALENDAR

Monday, May 23rd - Summer Hours Begin:

The Center closes at 4:30 p.m.

Monday, May 30th - SPCCC is Closed for

Memorial Day (Open again on Tuesday)

Please Note: Child Care is NOT available from July 4th through August 19th. The classrooms reopen on August 22nd and the Fall semester begins on August 29th.

Thank You... to ALL who helped

make The Week of the Young Child extra special: President Schwaller, Adam Wheeler, Lisa Cota, Deborah and Dennis Ameen Conrad. We are so grateful for your participation!

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10 Lifestyle Changes to Make Today for Kid's Fitness

- 1) Spend an hour a day moving.
- 2) Stock up on fruits and vegetables.
- 3) Be a role model to inspire children.
- 4) Cut out beverages sweetened with sugar.
- 5) Limit screen time.
- 6) Eat breakfast every day.
- 7) Remove TV from bedrooms.
- 8) Eat at home.
- 9) Find FUN ways to get your exercise.
- 10) Be your child's cheerleader.

- by Catherine Holecko, About.com Guide for Family Fitness -

More Great Websites for Parents:

www.ccaparentnetwork.org

www.parenting.com

www2.ed.gov/parents/landing.jhtml