“It’s not only children who grow. Parents do too. As much as we watch to see what our children do with their lives, they are watching us to see what we do with ours. I can’t tell my children to reach for the sun. All I can do is reach for it myself.”

- Joyce Maynard

**Roasted Sweet Potatoes with Orange**

Your kids will want to try this sweet side dish. The bright orange color makes it fun to eat (from Parents Magazine)

**Servings:** 4

**Ingredients:**
- 2 Medium sweet potatoes
- Extra-virgin olive oil
- Salt
- Pepper
- 1 Orange

**Instructions:**
1. Heat oven to 350 degrees F. Wash and dry sweet potatoes. Slice each potato in half lengthwise. Rub oil over entire sweet-potato halves. Place in baking dish, cut side up.
2. Sprinkle with salt and pepper. Roast 40 to 50 minutes, or until tender. When the potatoes are ready, juice the orange.
3. Score the cut surface, and spoon orange juice over top. Let cool 10 minutes.