**PARENT-TEACHER CONFERENCES** are available November 4th-8th. Please see Ms. Lori if you would like to schedule one.

**The Year**
The year has turned its circle,  
The seasons come and go.  
The harvest all is gathered in  
And chilly north winds blow.  
Orchards have shared  
their treasures,  
The fields, their yellow grain,  
So open wide the doorway,  
Thanksgiving comes again.  
[unknown author]

We would like to thank everyone who donated items for our first annual garage sale. The proceeds replenished the children's art and craft supplies!

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**Doloped Sweet Potatoes** from www.tasteofhome.com

**Ingredients**
- 4 small sweet potatoes
- 1 package (3 ounces) cream cheese, softened
- 1 tablespoon butter, softened
- 2 tablespoons brown sugar
- 1/4 teaspoon pumpkin pie spice

**Directions**
Scrub and pierce sweet potatoes; place on a microwave-safe plate.  
Microwave, uncovered, on high for 10-13 minutes or until tender, turning twice.  
Meanwhile, in a small bowl, beat the cream cheese, butter, brown sugar and pumpkin pie spice.  
Cut an "X" in the top of each potato; fluff pulp with a fork. Dollop with cream cheese mixture. Yield: 4 servings.

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**Mark Your Calendars:**
Friday, November 15th is America Recycles Day!  
**SPCCC will be hosting a special evening** for families and friends.  
We will be launching our Ecobuddies™ fundraising-thru-recycling program that will help us earn supplies, equipment, even cash simply by collecting empty cartridges, used cell phones and other small electronics ☺

**FLU SEASON HAS BEGUN!** Please protect yourself and your family by getting immunized. Recommendations from the New York State Department of Health can be found in a link from our website www.potsdam.edu/faculty/spccc
For more information about the flu, visit  
http://nyhealth.gov/diseases/communicable/influenza/seasonal/  
Or, www.cdc.gov/flu (Centers for Disease Control and Prevention).