

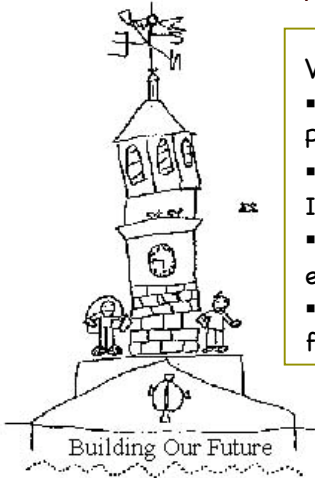
SUNY Potsdam Child Care Center, Inc.

September 2011
Volume 5, Issue 1

The more we can love ourselves and attend to all of life around us with a loving, open, and connected heart . . . the more we can be in a beautiful place.

Brooke Medicine Eagle

HAPPY GRANDPARENTS DAY - Sunday, September 11th



Happy Birthday to:

Kristofer (Prog)
Shayne (PS3)
Theo (SA)
Emiliano (SA)



WE WANT TO WELCOME OUR NEW FAMILIES AND FRIENDS THIS FALL 

- Ms. Jessica Bogardus has been promoted to the position of Lead Teacher in the Preschool-3 Room. Her Assistant Teacher is Ms. Heather Hinckley.
- Three SUNY Canton interns will be joining us this semester: Ms. Dominique in the Infant room, Ms. Leah in Progressive and Ms. Kelsey in Toddler-2.
- We also have a new floater Ms. Bonnie Peterson to help in the Infant Room and elsewhere as needed.
- The Early Childhood Music students have been assigned a new coordinator. We look forward to working with Ms. Hannah Gruber, Assistant Keyboard Professor, this year.

Family Friendly Recipe

Baked Zucchini Sticks: Yield 12-18

- 1) Wash 3 medium zucchini and slice into 3" sticks.
- 2) Preheat oven to 400° F.
- 3) Line cookie sheet with parchment paper and spray with non-stick cooking spray.
- 4) Set up 3 bowls: zucchini slices, 1 large slightly beaten egg white, and $\frac{1}{2}$ c. breadcrumbs - seasoned with garlic powder, paprika, salt and pepper.
- 5) Dip sticks into egg then crumbs.
- 6) Place on cookie sheet in a single layer and spray again.
- 7) Bake 25-30 minutes.

REMINDER

We will be closed on Columbus Day, Monday, October 10th, for Staff Development. Please arrange for alternate childcare. This training opportunity is essential in providing quality services. Thank you.



September is National Childhood Obesity Awareness Month

GET OUT AND PLAY -

For active play ideas visit
www.familyfitness.about.com



No more clipping, only clicking at Price Chopper! Did you know that we are able to collect Labels for Education points ELECTRONICALLY? Simply register at www.PriceChopper.com/eLFE and select our school (SUNY Potsdam Child Care Center). We will earn **100 Bonus Points** automatically! Then, every time you purchase participating LFE products, additional points will be added to the account... which means more **FREE** materials for our classrooms ☺

IMPORTANT ANNOUNCEMENT:

Please be advised that employees of the SUNY Potsdam Child Care Center, Inc. are not permitted to babysit or transport children enrolled in our program. If families wish to take exception to these policies, employees must ensure that parents have completed a "Hold Our Program Harmless" form and that it is on file in the Office, before performing any babysitting or transporting services while off duty. Failure to have this form on file will subject the employee to disciplinary action, up to and including termination.

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