

Spring 2008 SOAR Courses (March 10 – May 16, 2008)

(in alphabetical order)

as of 2/22/08

- Adirondack Great Camps.** Mary Jo Whalen, 3 sessions, 1½ hours each.
- Adirondack History.** Art Johnson, 3 sessions, 1½ hours each.
- Advanced Contract Bridge.** Don Burlingame, Coordinator. 6 sessions, 2 hours each.
- Alternative Healing: An Introduction.** Mary Mackinnon, Peggy Cashman and Kathy Montan, 4 sessions, 1½ hours each.
- Amish.** Betsy Tisdale, 3 sessions, 1½ hours each.
- Art Workshop B.** Leon LeBeau, 8 sessions, 2 hours each.
- Arthritis Self Help.** Ada Santaferri, 6 sessions, 1½ hours each.
- The Beekeeper's Year.** Debs Kalicin, 1 session, 2 hours.
- The Bible as Literature.** John Hall, 5 sessions, 1½ hours each.
- Birding in the North Country.** Michael Sheard, 2 sessions, 1½ hours each.
- Blindness and Visual Impairment.** M. Sharon Ryan, 1 session, 1½ hours.
- Bobbin Lace Making. (course canceled)** Radmila Zuman, 4 sessions, 2 hours each.
- Building with Potsdam Red Sandstone.** Sue Omohundro and Ellen Burns. 2 sessions, 1½ hours each.
- Calligraphy.** Martha Grow, 5 sessions, 1½ hours each.
- Continuing Tai-Chi.** Pam March, twice weekly sessions, 1 hour each.
- Crazy Quilt Pillow Top.** Anne Hopkins, 3 sessions, 1½ hours each.
- Curling: All About It.** Paul Patterson and Richard Boprey, 1 session, 2 hours.
- Current Events.** John Casserly, 8 sessions, 1½ hours each.
- Dead Sea Scrolls: Who? What? When? Where?** Dan O'Connor, 5 sessions, 1½ hours each.
- Early Lighting Devices.** Carl Stickney, 1 session, 1½ hours.
- Emergencies – An Introduction to First Aid and CPR.** Sheila Cerwonka, 1 session, 2 hours.
- First Ladies: Children, Inlaws and Outlaws.** Fran Van Horne, 4 sessions, 1½ hours each.
- Genealogy Basics – Local Sources and Resources.** Pat Dominie, 4 sessions, 1½ hours each.
- Glass Etching.** Betty Parlow, 1 session, 1½ hours.
- Guided Imagery for Health.** Kathy Montan, 4 sessions, 1½ hours each.
- Harmonica.** Neil Garner, 4 sessions, 1½ hours each.
- Invasive Species – New Pests from Around the World.** Steve VanderMark, 2 sessions, 2 hours each.
- Lincoln - The War Years (Part 1).** Terry Niles, 3 sessions, 1½ hours each.
- Mah Jongg.** Brenda Francey and Kay Russell, 4 sessions, 2 hours each.
- Medical Ethics.** Dave Hornung, 5 sessions, 1½ hours each.
- The Mental Health System in New York.** M. Juliana Degone, 1 session, 1½ hours.
- The Norse: Viking Weapons and Armour.** Samuel McBroom, 1 session, 1½ hours.
- Personal Financial Planning: Selected Issues.** Eleanor Menz, 6 sessions, 1½ hours each.
- Quebec Genealogy.** Neil Garner, 3 sessions, 1 hour each.
- Russian Short Stories – 19th Century.** Ruth Kreuzer, 6 sessions, 1½ hours each.
- Scrabble.** Pat Sabir and Barb Tiel, 4 sessions, 2 hours each.
- Scrapbooking: Design Your Memories.** Rose Gillett, 4 sessions, 2 hours each [offered twice (**Tuesday section only canceled**)].
- Spring Constellations.** Bruce McClure, 4 sessions, 1½ hours each.
- Tattooing.** Betty Mauk, 5 sessions, 1½ hours each.
- Vegetarian Cooking.** Juanita Babcock, 3 sessions, 2 hours each.
- Vicarious Voyagers II.** Ruth Kreuzer, Lynn Ekfelt, Juanita Babcock, Bob Fraser, 5 sessions, 1½ hours each.
- Vintage Antique Jewelry and Coins.** Robert LaBarge, 2 sessions, 1 hour each.
- Writing Your Memories.** Peggy Mooers, 3 sessions, 1½ hours each.