

**SUNY Potsdam Office of Human Resources
Helpful Benefit Telephone Numbers & Web Sites**

Organization and Web Sites	Phone Number	Note
Accident Reporting System (ARS) *no web site available	1-888-800-0029	Workers' compensation claims reporting for state employees
AIG Retirement www.aigretirement.com/suny	1-888-569-7055	SUNY Voluntary Savings Plan
College Savings Program http://www.nycollegefund.com	1-877-697-2837	College savings program for state employees
CSEA Benefit Fund http://www.cseabf.com	1-800-323-2732	CSEA member benefit information
CSEA Partnership http://www.nyscseapartnership.org	518-457-6306	Clerical and Secretarial Employee Advancement Program
Davis Vision http://www.davisvision.com	1-800-999-5431	Vision care coverage for CSEA & UUP employees
Deferred Compensation Plan www.nysdcp.com	1-800-422-8463	Savings plans for state employees
Delta Dental http://www.deltadentalins.com	1-800-471-7093	Dental benefits for UUP employees
Empire Plan http://www.cs.state.ny.us/ebd	1-877-769-7447	Empire Plan participants
Empire Plan Major Medical – United HealthCare https://www.empireplanproviders.com	1-877-769-7447	Empire Plan enrollees medical/surgical plan
Empire Plan Hospital – Blue Cross http://www.cs.state.ny.us/ebd/	1-877-769-7447	Empire Plan enrollees hospitalization plan
Empire Plan MedCo prescriptions http://www.empireplanrxprogram.com	1-877-769-7447	Empire Plan enrollees prescription plan
Empire Plan Benefits Management Program *no web site available	1-877-769-7447 1-888-333-9067 (Pre-auth. Number)	Pre-admission and discharge review and pre-certification for certain treatments including MRI, MRA, Pet Scans, other scans
Empire Plan Home Care Advocacy Program (HCAP) *no web site available	1-877-769-7447	Empire Plan enrollees home care and medical supply program
Empire Plan Mental Health – GHI OptumHealth http://www.EmpirePlanMHSA2009.com	1-877-769-7447	Empire Plan enrollees psychiatric care and substance abuse program
Empire Plan Complementary and Alternative Medicine Program (CAM) http://www.empireplanacam.com	1-888-769-7447	Empire plan enrollees alternative medicine (acupuncture, massage therapy, dieticians, Nutritionists) program
Empire Plan Nurse Line *no web site available	1-800-439-3435	Empire Plan enrollees source for medical information and health tips
Employee Assistance Program http://worklife.state.ny.us/eap/	267-2199 1-800-822-0244	Employee Assistance program for NYS Employees & families
EyeMed https://www.eyemedvisioncare.com/stny/login.emvc	1-877-226-1412	Vision for MC Employees
Fidelity – Optional retirement carrier http://www.fidelity.com	1-800-343-0860 (Plan ID 72777)	Fidelity Investment plan participants
Flex Spending Account http://www.flexspend.state.ny.us	1-800-358-7202	Dependent and Health Care flexible spending account
GHI http://www.ghi.com/products/dentalben.htm	1-800-947-0101	Dental benefit for MC employees
ING – Optional retirement carrier www.ingretirementplans.com/custom/suny	1-800-677-4636	ING retirement plan participants
Internal Revenue Service http://www.irs.gov	1-800-829-1040	Federal tax information and forms

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Medicare http://www.medicare.gov	1-800-633-4273	Medicare and general retirement planning information
Met Life – Optional retirement carrier www.metlifecom/suny	1-800-662-0916	Met Life retirement plan participants
NYPERL (Long term care) www.nyperl.net	1-866-474-5824	Long-Term Care Insurance for State employees
NYS Department of Civil Service http://www.cs.state.ny.us	1-800-833-4344	State employee benefit and employment information
NYS Department of Labor http://www.labor.state.ny.us	518-457-9000	Unemployment insurance, job and career information and resources
NYS Department of Taxation http://www.tax.state.ny.us	1-800-225-5829	New York State tax information and forms
NYS Employees' Retirement System (ERS) http://www.osc.state.ny.us/retire	1-866-805-0990 518-474-2987	ERS retirement system members
NYS Office of the State Comptroller http://www.osc.state.ny.us	518-474-4044	Payroll and retirement information for state employees
NYS TRS – Teachers Retirement System http://www.nysttrs.org/	1-800-348-7298	TRS retirement system members
NYS Workers' Compensation Board http://www.wcb.state.ny.us	518-474-6674	Workers' Compensation information
Pearl & Carroll http://www.cseainsurance.com/ (CSEA) http://www.pearlcarroll.com/our-products.cfm (MC)	1-800-833-4657	Group Insurance products for CSEA and M/C employees
Social Security Administration http://www.ssa.gov	1-800-772-1213	Social Security and Medicare information
State Insurance Fund *no web site available	518-437-6400	State workers' compensation carrier
TIAA-CREF Retirement System www.tiaa-cref.org/suny	1-800-842-2776	Tax deferred annuity plans
U. S. Savings Bonds http://www.treasurydirect.gov/indiv/products/products.htm	1-800-426-9314	Savings Bonds for state employees
UUP Benefit Trust Fund http://www.uupinfo.org/benefits.html	1-800-887-3863	Dental, Vision, and other union benefits for UUP