6. Evidence that the student has consulted with faculty from all departments involved, and
7. Letters of support from each of the student’s advisors.

**Academic Requirements**

- Each SIIM program of study must include 30 to 42 credit hours, at least 75% of which must carry liberal arts credit. Required cognate courses are not included in the 30-42 required credit hours.
- All courses listed and approved in the SIIM must be completed with a grade of 2.0 or better, or for those courses taken with the S/U grade option (two courses maximum; additional S/U courses need SIIM committee and academic advisor approval) an “S” must be earned;
- A minimum of 15 credit hours of upper-division (300 and 400 level) courses must be included from at least two academic departments or disciplines;
- Each SIIM must include a seminar or specially directed tutorial study which reflects the student’s interdepartmental interests, and will be included in the required 30-42 credit hours of the SIIM;
- All cognate courses for the SIIM must be specified in the program of study and cannot exceed 16 credit hours. All cognate courses must be completed with a grade of 2.0 or better;
- If a class substitution is desired in an already approved SIIM program of study, the student should submit a written explanation and justification of the substitution, approved by the students’ SIIM adviser, to the SIIM committee for approval.

**ATHLETICS AND PHYSICAL EDUCATION**

**Contact Person:** James Zalacca, Director of Athletics and Phys. Ed.
232 Maxcy, 315-267-2314, zalacca@potsdam.edu

Each student must complete four activities of appropriately designated physical education courses in addition to the 120 academic credit hours required for the B.A. or the 124 required for the B.M. degree. A course approved for General Education Physical Education/Health and Wellness designation and also for a Mode of Inquiry may simultaneously serve toward the completion of both the academic requirement and one course of the physical education requirement. Transfer students who have not completed this requirement must earn one semester hour of physical education for every 30 credit hours enrolled at SUNY Potsdam, not to exceed a maximum of four credit hours or the equivalent.

Two semesters of participation in varsity sports fulfills the General Education Physical Education/Health and Wellness requirement.

A maximum of one-half of the student’s requirement may be fulfilled by satisfactory completion of the same course twice.

Note: Courses numbered PE 100-299 do not count for academic credit hours and cannot be used to fulfill any requirements except the General Education Physical Education/Health and Wellness requirement. Courses numbered PE 300-499 count for non-liberal arts academic credit hours.

**Physical Education Course Descriptions (non-liberal arts credit)**

- PE 195, 295, 395, 495 – Special Topics (1-12)
- PE 198, 298, 398, 498 – Tutorial (1-3)
- PE 101-241 – Physical Education Activities (1) Development of skill for appreciation of a variety of activities for fitness and lifetime recreation. Count toward General Education Physical Education/Health and Wellness requirement.

Present course offerings are as follows. Other activities are offered at various times based on student interests and faculty expertise.

**Intercollegiate Sports**

- PE 210 – Women’s Varsity Softball
- PE 211 – Men’s Varsity Basketball
- PE 215 – Men’s Varsity Golf
- PE 216 – Men’s Varsity Soccer
- PE 218 – Men’s Varsity Swimming
- PE 223 – Women’s Varsity Basketball
- PE 224 – Women’s Varsity Soccer
- PE 225 – Women’s Varsity Swimming
- PE 228 – Women’s Varsity Ice Hockey
- PE 229 – Men’s Varsity Ice Hockey
- PE 231 – Women’s Varsity Lacrosse
- PE 232 – Men’s Varsity Lacrosse
- PE 233 – Women’s Varsity Volleyball
- PE 240 – Women’s Varsity Cross Country
- PE 241 – Men’s Varsity Cross Country
Coaching Certification

Students may be approved for coaching in the schools of New York State (Commissioner’s Regulations, section 135.4) by successfully completing the following courses:

PE 303 – @Techniques of Coaching (2) Theory, strategy and skill development at various grade levels. Fall only.

PE 326 – @Health and Sports Medicine (4) Anatomical, physiological and psychological factors in prevention, treatment and rehabilitation of pathological processes which occur in athletic participation.

PE 335 – @Philosophy, Principles and Organization of Competitive Athletics in Education (3) Establishing guidelines for current programs, organization at elementary, junior high and senior high school levels; local, state and national regulations; legal considerations; moral and ethical standards. Spring only.