“The creation of a thousand forests is in one acorn.”
- Ralph Waldo Emerson

Happy Birthday Dr. Seuss
Monday, March 2nd

GREAT WEBSITES FOR KIDS
Sponsored by the ASSOCIATION FOR LIBRARY SERVICE TO CHILDREN
Dr. Seuss’s playground in cyberspace. You can play games, chat with the Cat in the Hat, win prizes, find out about new Dr. Seuss books and CD-ROMs, and much, much more!

Parents in the News:
Clarkson University Assistant Professor of Chemistry and Biomolecular Science Costel C. Darie, left, and Alisa G. Woods, a researcher at both Clarkson University and the SUNY Plattsburgh Center for Neurobehavioral Health, are researching how saliva tests can be used to one day diagnose autism. The researchers have published the first study showing that children with autism spectrum disorder have differences in protein levels in their saliva when compared to typically developing children.

Cranberry, Apple, Sweet Potato Hash

Ingredients:
1/2-cup apple cider
8-oz. sweet potatoes, cut into 1/4-inch cubes
1/4-cup chopped dried cranberries
1 apple, diced
3/4-cup shredded red cabbage
1-tablespoon maple syrup
2-tablespoons sliced almonds

Directions:
1. Warm the apple cider in a skillet over medium heat.
2. Add the sweet potatoes to the cider and cover, sautéing for 4-5 minutes.
3. Add the dried cranberries, apple, and cabbage.
4. Cook for 2 minutes.
5. Add the maple syrup and stir to coat.
6. Season with salt and pepper, and top with the sliced almonds.

SUNY Potsdam Child Care Center, Inc

March 2015
Volume 8, Issue 6

HAPPY BIRTHDAY TO:
Ms. Lori Aaden (SA)
Ms. Linda Allyson (SA)
Ms. Val Jack (SA)
Mia (Infant)
Logan (SA)
Audrey (Infant)
Owen (SA)
Arshan (T2)
Francis (Prog)
John (Prog)
Allyanna (PS3)
Jaylah (PS3)
Kareem (PS3)
Adelaide (PS4)

Sick of Snow?
Just remember “March roars in like a lion… goes out like a lamb.” Spring begins on Friday, March 20th.

TIME FOR SOME JOKES
Q: Why was the man sitting on his clock?
A: He wanted to be on time.

Q: How do you organize a space party?
A: You planet early.

Q: What goes tick-woof, tick-woof?
A: A watch dog.

Save the Date: SPCCC Annual Family Fun Night Thursday, April 16th

Celebrating St. Patrick’s Day with an Irish Lullaby

Chorus
Too ra loo ra loo ra
Too ra loo ra loo ra
Hush now don’t you cry
Too ra loo ra loo ra
Too ra loo ra loo ra
That’s an Irish lullaby

Over in Killarney,
Many years ago
My mother sang a song to me
In tones so sweet and low
Just a simple little diddy
In her good old Irish way
And I’d give the world if she could sing that song to me today (Chorus)

Oft’ in dreams I wander
to that cot again.
I hear her softly hummin’
as she did to me back then.
I felt her softly huggin’ me
As in days of yore
When she’d rock me fast asleep
Outside that cabin door (Chorus)

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