

Off Campus Private Clinicians

REVISED: 9/6/17

Paula Allen – Psychotherapist

Licensed Clinical Social Worker (LCSW), member of NASW, NARHA and EFMHA

Pray Road Stables

148 Ogdensburg, NY 13660

(315) 393-3433 – Leave message on machine if no one answers

Types of Treatment: Psychotherapy and equine-assisted psychotherapy. Specialized in preschoolers-11 years of age, adults of all ages. Will also see adolescents in the equine-assisted therapy program for ADHD, mood and anxiety disorders, sexual and physical abuse issues, and trauma.

Insurance: Takes all forms of ins. except for Medicare. No up-front pay expected other than co-pay.

Dr. Jeffrey S. Aronowitz – * Psychiatrist *

22632 Summit Dr.

Watertown, NY 13604

(315) 786-0190

Insurance: Some commercial, no Medicaid or Tricare, payment required at time of visit.

Dr. Mariam H. Asar – * Psychiatrist *

50 Leroy Street

Potsdam, NY 13676

(315) 261-5405

Insurance: Takes every insurance that the hospital takes, no up-front payment required.

Canton-Potsdam Hospital Outpatient Chemical Dependency Services- Located in Potsdam

(315)-353-2572

M-Th 8am- 7pm, Friday, 8am-4pm

Counseling Center of Northern New York- Owner: Tracie L. Barnes – Master's in Counseling and Human Development

6956 State Highway 56, Potsdam, NY 13676 - Call for appointment

Types of Treatment: Individual, marital, and group counseling for adults and children dealing with self-injury, social skills, and anger management.

Insurance: Takes all insurance except Medicaid, Medicare, Blue Cross/Blue Shield. Utilizes a sliding scale fee.

Robert Bowser- Psychiatric Social Worker (MSW, CSW-R)

501 Lisbon Street

Ogdensburg, NY 13669

(315) 393-3428

Types of Treatment: Individual, marital, and family counseling. Specializing in depression, anxiety, grief and marital problems. (insurance reimbursable)

Insurance: Takes all insurance, copay required.

Types of Treatment: mental health counseling for children, adolescents and adults. Strength based – Solution Focused approach.

Insurance: No insurance accepted, payment at the time of service.

Dave Nelson, LCSW

Canton, New York 13617

(315) 276-8020

Types of Treatment: mental health counseling for children, adolescents and adults. Strength based – Solution Focused approach.

Insurance: No insurance accepted, payment at the time of service

Gizelle Bullock- Licensed Mental Health Counselor (LMHC) (nbcounselingservice@gmail.com)

76 Lisbon Street

Heuvelton, NY 13654

(315) 244-0807 Fax: (315) 254-2811

Types of Treatment: services are open to children (5 years old and up), adolescents, and adults for individual, couple, and family counseling services. Practice includes treating mood disorders, anxiety disorders, grief and loss, trauma issues, substance disorders, traumatic brain injury, adjustment disorders, sexual and physical abuse issues.

Insurance: Accepts insurance; Fidelis, St. Lawrence Blue, Resolution unity behavior, NO Empire. Copay and sliding scale fee.

James Cerio, Ph. D. and Nancy Cerio, Ph.D. * Psychologists *

www.cerioandceriopsych.com

91 Main Street, Suite 200

(Office hours: Monday – Thursday)

Canton, NY 13617

(315) 854-6074

Types of Treatment: counseling, psychotherapy, hypnosis, and psychological evaluations for adults and adolescents. Specializing in anxiety reduction; stress and anger management; coping with depression; marriage/relationship counseling; addressing learning and career problems; cognitive-behavioral therapy; enhancing self-esteem; addressing eating, weight, pain or smoking problems; hypnosis for behavioral health issues; and solving problems related to sexual assault or trauma.

Insurance: Do not accept insurance. Payment is required at each visit, a super bill can be submitted to insurance.

Community Health Center of the North Country

(added 2/16/16)

4 Commerce Lane

Canton, NY 13617

(Has evening appointments)

Telephone: (315) 386 – 8191

Fax: (315) 386 - 1410

Brenda Lee Emerson – Master’s of Education in Counseling

NYS Mental Health Counselor

231 Sweeney Road

Potsdam, NY 13676

(315) 265-3398 – Business (Part-time office hours)

Types of Treatment: Marriage and family; substance abuse and additions; adolescent and childhood mental health illnesses; anxiety and depression

Carol Griffith, Ph. D. – (ADD/ADHD evaluations)

Neuropsychological evaluations

Ogdensburg, NY

(315) 210-6475

Insurance: Does not accept insurance, willing to work on a payment plan.

Patricia Gunnison – MS Counseling and Development, Vanderbilt University

NYS Licensed Mental Health Counselor (LMHC)

PO Box 427

29 Park Street

Canton, NY 13617

(315) 386-8817

Kurt Halliday – Ph.D., Clinical Psychologist

The Tallman House

5862 US Highway 11

Canton, New York 13617

(315) 262-5355 or 379-0805

Type of Treatment: Affective, substance abuse and trauma disorders

Mark House, M.A. Clinical Psychologist

Associate Member of APA

5862 US Highway 11

Tallman House

Canton, NY 13617

(315) 379-0805 (evenings)

Type of Treatment: Individual, couples, and family counseling and psychotherapy and consultation.

Jeffery Lazovik – Nationally Certified Counselor (M.Ed., LMHC)

4120 County Rt. 17,

DeKalb Jct., NY 13630

(315) 347-4068 (home office)

Type of Treatment: Individual mental health counseling for adolescents and adults.

Insurance: St. Lawrence/Lewis medical insurance. A bill can be submitted to insurance. Cash/check is required at the time of visit.

St. Lawrence County Mental Health Clinic

*** Psychiatrist * available**

Walk-ins only, no appointments. 8AM -12 PM

80 State Highway 310

Canton, New York 13617

(315) 386-2167

Insurance: All insurance is accepted, no upfront payment required.

Gouverneur Mental Health Clinic

*** Psychiatrist * available**

Dr. John Savino, MD

28 William Street

Gouverneur, New York 13642

(315) 287-2811

Insurance: Call for more information.

Massena Mental Health Center

*** Psychiatrist * available**

Dr. Sarah W. Nelson, MD

23 Maple Street

Massena, New York 13662

(315) 769-8441

Insurance: Call for more information.

Reachout

(315) 265-2422

Reachout is a free, confidential, non-judgmental crisis and information hotline serving residents of St. Lawrence County. We focus on crisis services and supportive listening, although we provide a host of other services as needed. We answer after-hours for many other human services agencies in St. Lawrence County, and we connect callers with staff from other programs. We operate a mobile crisis team that sends trained counselors to meet and assess people at risk at locations all around the county. We teach suicide intervention skills all around New York, and we've developed many programs to help make communities safer from suicide.

Renewal House

(315) 379-9845

renewalhouse@verizon.net

To respond immediately to the needs of victims of domestic violence and sexual assault in St. Lawrence County through services which empower victims and increase community awareness.

Office Hours:

Private Counselors in Saratoga County

Jerold M. Grodin, Ph. D. * Psychologists *

SARATOGA OFFICE:

526 Maple Avenue

Saratoga Springs, NY 12866

Tel. (518) 587-4161 Ext. 301

Fax (518) 587-5134

CLIFTON PARK OFFICE:

632 Plank Road, Suite 209

Clifton Park, NY 12065

Insurance: All insurance accepted, copay required if insurance provider is in the network.