**Paula Allen** – Psychotherapist  
Licensed Clinical Social Worker (LCSW), member of NASW, NARHA and EFMHA  
Pray Road Stables  
148 Ogdensburg, NY 13660 (315) 393-3433 – Leave message on machine if no one answers  
**Types of Treatment:** Psychotherapy and equine-assisted psychotherapy. Specialized in preschoolers-11 years of age, adults of all ages. Will also see adolescents in the equine-assisted therapy program for ADHD, mood and anxiety disorders, sexual and physical abuse issues, and trauma.  
**Insurance:** Takes all forms of ins. except for Medicare. No up-front pay expected other than co-pay.

**Dr. Jeffrey S. Aronowitz** – *Psychiatrist*  
22632 Summit Dr.  
Watertown, NY 13604 (315) 786-0190  
**Insurance:** Some commercial, no Medicaid or Tricare, payment required at time of visit.

**Dr. Mariam H. Asar** – *Psychiatrist*  
50 Leroy Street  
Potsdam, NY 13676 (315) 261-5405  
**Insurance:** Takes every insurance that the hospital takes, no up-front payment required.

**Tracie L. Barnes** – Master’s in Counseling and Human Development  
6956 State Highway 56, Potsdam, NY 13676 - Call for appointment  
**Types of Treatment:** Individual, marital, and group counseling for adults and children dealing with self-injury, social skills, and anger management.  
**Insurance:** Takes all insurance except Medicaid, Medicare, Blue Cross/Blue Shield. Utilizes a sliding scale fee.

**Robert Bowser**- Psychiatric Social Worker (MSW, CSW-R)  
501 Lisbon Street  
Ogdensburg, NY 13669 (315) 393-3428  
**Types of Treatment:** Individual, marital, and family counseling. Specializing in depression, anxiety, grief and marital problems. (insurance reimbursable)  
**Insurance:** Takes all insurance, copay required.

**Kristen Brown, LCSW-R**  
Canton, New York  13617 (315) 267-6473  
**Types of Treatment:** mental health counseling for children, adolescents and adults. Strength based – Solution Focused approach.  
**Insurance:** No insurance accepted, payment at the time of service.

**Gizelle Bullock**- Licensed Mental Health Counselor (LMHC)  (nbcounselingservice@gmail.com)  
76 Lisbon Street  
Heuvelton, NY 13654 (315) 244-0807  
Fax: (315) 254-2811  
**Types of Treatment:** services are open to children (5 years old and up), adolescents, and adults for individual, couple, and family counseling services. Practice includes treating mood disorders, anxiety disorders, grief and loss, trauma issues, substance disorders, traumatic brain injury, adjustment disorders, sexual and physical abuse issues.  
**Insurance:** Accepts insurance; Fidelis, St. Lawrence Blue, Resolution unity behavior, NO Empire. Copay and sliding scale fee.
Types of Treatment: counseling, psychotherapy, hypnosis, and psychological evaluations for adults and adolescents. Specializing in anxiety reduction; stress and anger management; coping with depression; marriage/relationship counseling; addressing learning and career problems; cognitive-behavioral therapy; enhancing self-esteem; addressing eating, weight, pain or smoking problems; hypnosis for behavioral health issues; and solving problems related to sexual assault or trauma.

Insurance: Do not accept insurance. Payment is required at each visit, a super bill can be submitted to insurance.

Community Health Center of the North Country (added 2/16/16)
4 Commerce Lane
Canton, NY 13617
(Has evening appointments) Telephone: (315) 386 – 8191 Fax: (315) 386 - 1410

Brenda Lee Emerson – Master’s of Education in Counseling
NYS Mental Health Counselor
231 Sweeney Road
Potsdam, NY 13676 (315) 265-3398 – Business (Part-time office hours)

Types of Treatment: Marriage and family; substance abuse and additions; adolescent and childhood mental health illnesses; anxiety and depression

Carol Griffith, Ph. D. – (ADD/ADHD evaluations)
Neuropsychological evaluations
Ogdensburg, NY (315) 210-6475

Insurance: Does not accept insurance, willing to work on a payment plan.

Patricia Gunnison – MS Counseling and Development, Vanderbilt University
NYS Licensed Mental Health Counselor (LMHC)
PO Box 427
29 Park Street
Canton, NY 13617 (315) 386-8817

Kurt Halliday – Ph.D., Clinical Psychologist
The Tallman House
5862 US Highway 11
Canton, New York 13617 (315) 262-5355 or 379-0805

Type of Treatment: Affective, substance abuse and trauma disorders

Mark House, M.A. Clinical Psychologist
Associate Member of APA
5862 US Highway 11
Tallman House
Canton, NY 13617 (315) 379-0805 (evenings)

Type of Treatment: Individual, couples, and family counseling and psychotherapy and consultation.
Jeffery Lazovik – Nationally Certified Counselor (M.Ed., LMHC)
4120 County Rt. 17,
Dekalb Jct., NY 13630 (315) 347-4068 (home office)
Type of Treatment: Individual mental health counseling for adolescents and adults.
Insurance: St. Lawrence/Lewis medical insurance. A bill can be submitted to insurance. Cash/check is required at the time of visit.

Theresa W. Samways – LCSW in Individual and Family Counseling
63 Market Street, Elbison Mall
Potsdam, NY 13676 (315) 261-8056
Type of Treatment: mental health counseling – individual, children, couples, family, marital. Uses mindfulness.
Experienced with college students.

Pam Short, Master’s of Education in Counseling
2071C State Highway 310
Madrid, NY 13660 (315) 323-4262 – Cell
Type of Treatment: Women’s issues, relationship counseling, step-family issues, grief work, children of alcoholics and/or other dysfunctional adult/child issues, career counseling, and stress.

St. Lawrence County Mental Health Clinic * Psychiatrist * available
Walk-ins only, no appointments. 8AM -12 PM
80 State Highway 310
Canton, New York 13617 (315) 386-2167
Insurance: All insurance is accepted, no upfront payment required.

Gouverneur Mental Health Clinic * Psychiatrist * available
Dr. John Savino, MD
28 William Street
Gouverneur, New York 13642 (315) 287-2811
Insurance: Call for more information.

Massena Mental Health Center * Psychiatrist * available
Dr. Sarah W. Nelson, MD
23 Maple Street
Massena, New York 13662 (315) 769-8441
Insurance: Call for more information.

Reachout
(315) 265-2422
Reachout is a free, confidential, non-judgmental crisis and information hotline serving residents of St. Lawrence County. We focus on crisis services and supportive listening, although we provide a host of other services as needed. We answer after-hours for many other human services agencies in St. Lawrence County, and we connect callers with staff from other programs. We operate a mobile crisis team that sends trained counselors to meet and assess people at risk at locations all around the county. We teach suicide intervention skills all around New York, and we’ve developed many programs to help make communities safer from suicide.
Renewal House
(315) 379-9845
renewalhouse@verizon.net
To respond immediately to the needs of victims of domestic violence and sexual assault in St. Lawrence County through services which empower victims and increase community awareness.
Office Hours:
Monday - Friday (8:00 a.m. - 5:00 p.m.)
Summer Office Hours: Monday - Friday (8:00 a.m. to 4:00 p.m.)

Private Counselors in Saratoga County

Jerold M. Grodin, Ph. D. * Psychologists *
SARATOGA OFFICE: CLIFTON PARK OFFICE:
526 Maple Avenue 632 Plank Road, Suite 209
Saratoga Springs, NY 12866 Clifton Park, NY 12065
Tel. (518) 587-4161 Ext. 301
Fax (518) 587-5134

Insurance: All insurance accepted, copay required if insurance provider is in the network.