September 2015

Subject: Influenza Vaccines

Student Health Services has received our shipment of influenza vaccine. Only one vaccine is needed. The vaccine remains FREE for students.

From now through October 5th, students at high risk for complications from the flu may call 315-267-2377 and schedule an appointment to receive their vaccination. High risk individuals are those with any of the following medical conditions:

* Asthma (even if it’s controlled, mild, or only exercise induced)
* Neurological and neurodevelopmental conditions (including disorders of the brain, spinal cord, peripheral nerve, and muscle such as cerebral palsy, epilepsy (seizure disorders), stroke, intellectual disability (mental retardation), moderate to severe developmental delay, muscular dystrophy, or spinal cord injury).
* Chronic lung disease (such as chronic obstructive pulmonary disease [COPD] and cystic fibrosis)
* Heart disease (such as congenital heart disease, congestive heart failure and coronary artery disease)
* Blood disorders (such as sickle cell disease)
* Endocrine disorders (such as diabetes mellitus)
* Kidney disorders
* Liver disorders
* Metabolic disorders (such as inherited metabolic disorders and mitochondrial disorders)
* Weakened immune system due to disease or medication (such as people with HIV or AIDS, or cancer, or those on chronic steroids)
* People younger than 19 years of age who are receiving long-term aspirin therapy
* People who are morbidly obese [Body Mass Index (BMI) of 40 or greater]

After October 5th, the flu vaccine will be available at designated vaccine clinics to any student who wishes to have one. The clinic dates, times, and places will be posted on campus and on our website at http://www.potsdam.edu/studentlife/healthservices/healthalerts.cfm.

Information regarding the flu, the Vaccine Consent Form, and the Vaccine Information Statement (VIS) are available on the Student Health website. Look under “Campus Health Alerts.” If you are younger than 18 years, you must have your parent/guardian review the 08/07/15 VIS and sign the consent form. The completed form can be faxed or mailed to Student Health Services:

SUNY Potsdam Student Health Services
44 Pierrepont Avenue
Potsdam, NY 13676
Fax: 315-267-3260

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