

## Special points of interest:

- Need help with course selection? Schedule an appointment with an SSS staff member.
- Make sure to take care of your physical well being before and during finals week. Get your rest, eat regular meals, and engage in physical exercise. Your brain will thank you.

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## Final Exams...

It is not too early to begin preparing for your final exams. Here are some simple steps to begin the preparation process:

1. Look up the Final Exam schedule to determine what days/times your exams will be held for your courses. (available at [www.potsdam.edu/offices/registrar](http://www.potsdam.edu/offices/registrar))
2. Determine what material will be covered in your final exam. Is it cumulative? Will it cover textbook chapters, lecture notes, homework, content from previous exams, labs, projects or papers? Check out your syllabus and ask your professor these questions to determine as much as you can about the content to be covered.
3. Gather materials and fill in any gaps in your study materials. Find missing lecture notes from class absences, clarify confusing or incomplete information by asking your professor, and/or tutor. Locate any supplemental reading materials.
4. Begin to map out your study plan. This can include individual and study groups and should include a variety of study modes such as: creating flash cards, rewriting notes, reading, quizzing yourself and friends, practicing problems, and discussing the material with others.
5. Spread your studying out over several weeks– it will be much less stressful and more productive for you! Good luck!

## Graduating this year?

*Not sure?*

Schedule an appointment to review your senior audit!

We can help you review your courses to date, and identify your outstanding requirements including upper division credits, liberal arts credits, hours outside your major, and more!

Call 267-2347 to make an appointment.



# Student Spotlight

Shalvi D’Arcangelo

Shalvi D’Arcangelo, from Buffalo, New York is a SUNY Potsdam Presidential Scholar, and senior music-education major at the Crane School of Music, SUNY Potsdam. She has been studying piano for over eighteen years under Nida Schiavone and Eugenia Tsarov. Barely able to reach an octave and years of stretching led to severe hand injuries. This inspired Miss D’Arcangelo to research a more comprehensive solution to a looming hand surgery.

Her research pointed her to Steinbuhler and Company’s reduced-size keyboard. This narrower keyboard fit her hand perfectly, promoted greater musical expression and reduced the risk of physical and emotional injuries. During the 2011 spring semester, Miss D’Arcangelo studied with Dr. Carol Leone, Associate Professor and Chair of the Keyboard Department at Meadows School for the Arts at Southern Methodist University in Dallas, Texas - the first school in the nation to own pianos with narrower keyboards. That successful sojourn motivated Miss D’Arcangelo to single-handedly bring together Dr. Carol Leone, Mr. David Brown, piano technician for the Division of Music at the Meadows School of the Arts, SMU and Mr. David Steinbuhler, the owner, designer, manufacturer and technical genius behind Steinbuhler and Company’s reduced size keyboards, for a workshop on October 29<sup>th</sup> at the Crane School of Music.

The event was fully funded by the Crane Student Association and SUNY Potsdam’s Student Government Association. It was attended by more than 70 people including the Dean of Music, faculty and staff from many departments and fellow students. Attendees had the opportunity to play these keyboards and experience for themselves the ease of playing on a narrower keyboard. This enormously successful workshop changed the face of Crane and led to the school leasing two narrower keyboards making it the first university music school in New York State, the first SUNY school and the sixth music school in the Nation to offer an equal-opportunity for their pianists.

Miss D’Arcangelo has augmented her repertoire to include Rachmaninoff and Chopin and to date does not require hand surgery. For further information contact the Crane School of Music, SUNY Potsdam at 315-267-2775.

## SSS Counseling/Advising Evaluations



We thank you for your participation with Student Support Services, and hope that we have helped you reach your goals this semester. We are always looking for ways to improve our services, and appreciate your input. Please take just a few minutes to complete a short evaluation of our professional services. You will receive an email with a link to the evaluation, or you can access the evaluation on our website at [www.potsdam.edu/support/sss](http://www.potsdam.edu/support/sss).

### Want to get ahead or catch up? Take a Winterim class!

Winterim 2012 courses begin on January 4 and end on January 17.

Three week online sessions begin on December 28 and end on January 17.

The last day to register for a Winterim course is December 16th.

- Pay for course in full at [Student Accounts Office](#), 412 Raymond Hall prior to being registered.
- Bring payment receipt to the Office of Extended Education, Raymond Hall 206 between the hours of 8:00 am– 4:30 pm.

There are many courses available to fulfill General Education Requirements, including many upper division courses. There are also several online courses available, so check it out!



## Student Support Services

Sisson Hall 119  
SUNY Potsdam  
Potsdam, NY 13676  
Phone: 315-267-2347  
[www.potsdam.edu/  
support/sss](http://www.potsdam.edu/support/sss)

*Student Support Services (SSS) is a federally funded program which serves 200 eligible students throughout the year. The goal of the program is to provide the academic support necessary to help students remain in school and reach graduation.*

*Students are selected to participate in the SSS program based on the students' request for assistance and federal eligibility. Students may stop by 119 Sisson Hall to fill out a short application.*

*SSS participants must have a need for academic support. They must be U.S. citizens and accepted for college enrollment. Participants must also meet one or more of the following criteria:*

- Are a first generation college student, i.e. neither parent has a four year college degree*
- Fall within income limit set by the US Department of Education and verified by the SSS office*
- Have a documented physical and/or learning disability*

## Calendar of Events

Date	Event	Time	Place
December 2	Last day to register for Winterim course through BearPaws		
December 12-16	Final Exams	Check your schedule	
December 16	Last day to register for Winterim course at the Office of Extended Education		206 Raymond Hall
December 20	Final Grades Due		
December 28	Three week online winterim courses begin		