Peer Counselor Training Application

Please type your responses and use the secure link to submit this to the secure file drop location Peer Counselors | SUNY Potsdam

Name:			Phone:		
Email Address:			Major:		
P#:			Cumulative GPA:(2.5 required for interns		
If you are currently seeing a Licensed Counselor at our Counseling Center their support is required to apply. Please speak to them in depth about your interest and write their name in the provided space. Please note failing to do so could jeopardize your selection as a Peer Counselor Trainee. Licensed Counselors Name:					
Your class standing r	next semester:				
☐ Freshman	\square Sophomore	□ Junior	☐ Senior	☐ Grad	
Tell us why you are interested in being a Peer Counselor					
How do you define "	Counseling"?				
What coping skill do you use when you're struggling?					
What do you hope to gain from training?					
Where do you see yo	urself using these ski	lls after graduati	ng?		
Tell us about a diffic	ult time you went thro	ough and how yo	ou coped.		

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Tell us about a time you helped someone else through a hard time.
Tell us about a time you received negative feedback from a faculty or staff member at college. How did you handle it? What did you learn from the experience?
Please read the scenario and answer the questions below:
Their significant other just broke up with them via text message yesterday. They don't know why, and their significant other aren't responding to their messages, but they can see them posting on Facebook. They can't imagine what this summer is going to be like now as they had plans to live together and work at the same company together. They were going to be living in his/her relative's house so now that is unimaginable.
How is this person feeling?
What do you want to know more about?
What do you want to know more about:
What might you tell this person?

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Training is Wednesdays 1:00-3:00pm next semester. Please keep this in mind as you create your class, work and internship schedules.