

TRANSFER ARTICULATION AGREEMENT

between

ADIRONDACK COMMUNITY COLLEGE

and

SUNY POTSDAM

The purpose of this agreement is to facilitate the transfer of students from the Liberal Arts Math & Science A.S. degree at SUNY Adirondack to the Exercise Science B.S. degree at SUNY Potsdam. Students transferring with an associate degree will enter Potsdam as juniors and, assuming normal academic progress, have the opportunity to complete the B.S. degree in two additional years of full-time enrollment.

Admission

- Adirondack students should apply to SUNY Potsdam the semester prior to their intended transfer date. Applying early in that semester is encouraged.
- The application is available online at www.suny.edu/applysuny - the application fee is waived for students transferring with an associate degree from Adirondack.
- An official transcript is required from every college attended.
- An official high school transcript or copy of the GED/TASC is also required to be on file for federal financial aid purposes.
- Students transferring with the A.S. degree and a 2.0 or higher grade point average are guaranteed admission to SUNY Potsdam.
- Transfer scholarships are available to transfer students with a 3.0 or higher GPA - apply at www.potsdam.edu/scholarships.
- The parties will encourage all students, regardless of background, to pursue enrollment in the A.S./B.S. program.

Transfer of Courses

- All college-level non-major courses with a D (1.0) or higher will transfer; all major requirement courses with a C (2.0) or higher will transfer and count toward the major.
- There is no maximum number of transfer credits, but a minimum of 15 upper-division credits in the major must be completed with SUNY Potsdam coursework. Students transferring credits in excess of those required by the A.S. degree at Adirondack may complete more than 120 total credits in pursuit of the B.S. degree.
- An official evaluation of transfer credit is provided within ten days of acceptance.
- Adirondack students transferring upon completion of the A.S. degree have satisfied SUNY General Education requirements.

Transfer Services

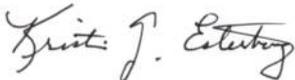
- New transfer students are required to attend an orientation.
- New transfer students receive individual advising with specially trained advisors.

Authorizations

This agreement commences upon the date of its signing and shall remain in effect until terminated by either college. The major information will be reviewed on a periodic basis and updated as curricular changes are made at both colleges. Both colleges will notify each other when such changes are made.

SUNY Potsdam

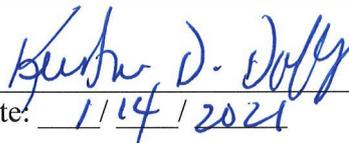
Kristin G. Esterberg, Ph.D.
President



Date: ___ / ___ / ___

SUNY Adirondack

Kristine Duffy, Ed.D.
President



Date: 1/14 / 2021

Bette S. Bergeron, Ph.D.
Provost & Senior Vice President for Academic
Affairs

Bette S.
Bergeron

Digitally signed by Bette
S. Bergeron
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Date: 01 / 15 / 2021

John E. Jablonski, Ph.D.
Vice President for Academic Affairs

John E.
Jablonski, Ph.D.

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E. Jablonski, Ph.D.
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Date: 01 / 14 / 2021

SUNY Adirondack Liberal Arts Math & Science A.S. with transfer to SUNY Potsdam Exercise Science, Sport Performance Track B.S.

SUNY Adirondack LAMS A.S.	SUNY Potsdam Exercise Science, Sport Performance Track B.S.
BIO 107 Human Anatomy/Physiology I (4)	BIOL 403 Human Anatomy/Physiology I (4)
BIO 108 Human Anatomy Physiology II (4)	BIOL 404 Human Anatomy/Physiology II (4)
BIO 111 General Biology I (4)	BIOL 152 General Biology II (4)
BIO 112 General Biology II (4)	BIOL 151 General Biology I (4)
MAT 127 Intro Statistics/Probability (4)	MATH 125 Probability and Statistics I (4)
PED 211 Health Science Applic/Coaching (3)	PE/EXSC 326 Health and Sports Medicine (3)
Total: 23	Total: 23

Remaining Requirements at SUNY Potsdam:

- Courses:
 - EXSC 305 Personal Training Theory (4)
 - EXSC 395 Pre-Internship Seminar (1)
 - EXSC 420 Strength and Conditioning (3)
 - EXSC 425 Exercise Physiology (3)
 - EXSC 450 Kinesiology (3)
 - EXSC 460 Exercise Assessment and Prescription (3)
 - EXSC 490 Internship (3)
 - HLTH 333 Human Nutrition (3)
 - HLTH 371 Nutrition for Special Populations (3)
 - HLTH 380 Theory in Community Health (3)
 - HLTH 385 Biostatistics (3)
- Exercise Science Requirements Remaining = 32 credit hours
- Completion of 34 credit hours at the 300/400 level (remaining upper-division requirement; 32 of these can be satisfied by the remaining Exercise Science requirements listed above)

SUNY Potsdam's transfer course equivalency tables can be accessed at:

www.potsdam.edu/admissions/apply/transfer.

FIRST YEAR (Adirondack)	
First semester:	Second semester:
HRD 100, HRD 100A or HRD 110 (1-2)	ENG 102 – ENG 110 (3)
ENG 101 (3)	Mathematics or Science (3)

SUNY Gen. Ed Mathematics (3-4)	SUNY Gen Ed Social Science (3)
HIS 103 or 104 (3)	MSC elective (3-4) [<i>See Note 1</i>]
Health and Wellness (1)	MSC elective (3-4) [<i>See Note 1</i>]
SUNY Gen Ed Natural Science w/ lab (3-4)	Health and Wellness (1)
Total = 14-17	Total = 16-18

SECOND YEAR (Adirondack)	
First semester:	Second semester:
HIS 101 or HIS 102 (3)	SUNY Gen Ed The Arts, Foreign Language, or Humanities (3)
MSC elective (3-4) [<i>See Note 1</i>]	MSC elective (3-4) [<i>See Note 1</i>]
MSC elective (3-4) [<i>See Note 1</i>]	MSC elective (3-4) [<i>See Note 1</i>]
Liberal Arts and Sciences (3)	Liberal Arts and Sciences (3)
Elective (4)	Elective (4)
Total = 16-18	Total = 16-18

1. *Mathematics/Science core (MSC) courses shall be selected from the program layout. 6 credits must be SUNY GEN ED Mathematics or SUNY GEN ED Natural Science coursework.*

SUNY Potsdam B.S. in Exercise Science, Sport Performance Track

THIRD YEAR (SUNY Potsdam)	
First semester:	Second semester:
HLTH 333 (3)	EXSC 420 (3)
EXSC 305 (4)	EXSC 425 (3)
HLTH 380 (3)	EXSC 450 (3)
Elective (3)	EXSC 395 (1)
Elective (3)	Elective (3)
Total = 16	Total = 13

FOURTH YEAR (SUNY Potsdam)	
First semester:	Second semester:
EXSC 460 (3)	EXSC 490 (3)
HLTH 371 (3)	Upper-division elective (3)
Elective (3)	Elective (3)
Elective (3)	Elective (3)
Elective (3)	
Total = 15	Total = 12

SUNY Adirondack Liberal Arts Math & Science A.S. with transfer to SUNY Potsdam Exercise Science, Pre-Professional Track B.S.

SUNY Adirondack LAMS A.S.	SUNY Potsdam Exercise Science, Pre-Professional Track B.S.
BIO 107 Human Anatomy/Physiology I (4)	BIOL 403 Human Anatomy/Physiology I (4)
BIO 108 Human Anatomy Physiology II (4)	BIOL 404 Human Anatomy/Physiology II (4)
BIO 111 General Biology I (4)	BIOL 152 General Biology II (4)
BIO 112 General Biology II (4)	BIOL 151 General Biology I (4)
CHM 111 General Chemistry I (4)	CHEM 105 General Chemistry I (4)
CHM 112 General Chemistry II (4)	CHEM 106 General Chemistry II (4)
MAT 127 Intro Statistics/Probability (4)	MATH 125 Probability and Statistics I (4)
PED 211 Health Science Applic/Coaching (3)	PE/EXSC 326 Health and Sports Medicine (3)
Total: 31	Total: 31

Remaining Requirements at SUNY Potsdam:

- Courses:
- EXSC 305 Personal Training Theory (4)
- EXSC 395 Pre-Internship Seminar (1)
- EXSC 450 Kinesiology (3)
- EXSC 460 Exercise Assessment and Prescription (3)
- EXSC 490 Internship (3)
- BIOL 401 Advanced Exercise Physiology (4)
- HLTH 333 Human Nutrition (3)
- HLTH 385 Biostatistics (3)
- PHYS 101 College Physics I (4)
- PHYS 202 College Physics II (4)
- PSYC 100 Introduction to Psychology (3)

- Exercise Science Requirements Remaining = 35 credit hours
- Completion of 34 credit hours at the 300/400 level (remaining upper-division requirement; 24 of these can be satisfied by the remaining Exercise Science requirements listed above)

*SUNY Potsdam's transfer course equivalency tables can be accessed at:
www.potsdam.edu/admissions/apply/transfer.*

FIRST YEAR (Adirondack)	
First semester:	Second semester:
HRD 100, HRD 100A or HRD 110 (1-2)	ENG 102 – ENG 110 (3)
ENG 101 (3)	Mathematics or Science (3)

SUNY Gen. Ed Mathematics	SUNY Gen Ed Social Science (3)
HIS 103 or 104 (3)	MSC elective (3-4) [<i>See Note 1</i>]
Health and Wellness (1)	MSC elective (3-4) [<i>See Note 1</i>]
SUNY Gen Ed Natural Science w/ lab (3-4)	Health and Wellness (1)
Total = 14-17	Total = 16-18

SECOND YEAR (Adirondack)	
First semester:	Second semester:
HIS 101 or HIS 102 (3)	SUNY Gen Ed The Arts, Foreign Language, or Humanities (3)
MSC elective (3-4) [<i>See Note 1</i>]	MSC elective (3-4) [<i>See Note 1</i>]
MSC elective (3-4) [<i>See Note 1</i>]	MSC elective (3-4) [<i>See Note 1</i>]
Liberal Arts and Sciences (3)	Liberal Arts and Sciences (3)
Elective (4)	Elective (4)
Total = 16-18	Total = 16-18

1. *Mathematics/Science core (MSC) courses shall be selected from the program layout. 6 credits must be SUNY GEN ED Mathematics or SUNY GEN ED Natural Science coursework.*

SUNY Potsdam B.S. in Exercise Science, Pre-Professional Track

THIRD YEAR (SUNY Potsdam)	
First semester:	Second semester:
HLTH 333 (3)	EXSC 395 (1)
EXSC 305 (4)	EXSC 450 (3)
BIOL 401 (4)	Upper-division elective (3)
PSYC 100 (3)	Upper-division elective (3)
	Elective (3)
Total = 14	Total = 13

FOURTH YEAR (SUNY Potsdam)	
First semester:	Second semester:
EXSC 460 (3)	EXSC 490 (3)
HLTH 385 (3)	PHYS 202 (4)
PHYS 101 (4)	Upper-division elective (3)
Upper-division elective (3)	Elective (3)
Elective (3)	
Total = 16	Total = 13