Across the globe each country has taken a different approach to Recruitment and Human Resources (HR) which can make a virtual internship an amazing prospect to learn the in-country standards and protocols while supporting the general themes of job postings, candidate recruitment and hiring, learning and development, and much more. The Recruitment and HR career field gives interns the opportunity to support a wide range of companies to include recruitment firms, consulting firms, or HR departments within established companies serving a wide range of industries.

Skills You’ll Learn and Apply During a Recruitment & HR Internship

- Applicant Tracking Systems
- Candidate Sourcing
- Client Relationship Management
- Corporate Social Responsibility
- Data Entry & Management
- Develop/organize Team building activities
- Hiring Management
- Learning & Development Facilitation
- Negotiations (Salary) / Development of benefit packages
- Resolving Workplace Conflict
- Research Regulations & Standards
- Write Job Descriptions

Recruitment & HR Companies Cross Section

35% are Large Companies or International Corporations

40% are Small and Medium-sized Enterprises

25% are Start-up & Entrepreneurial Companies

Host Company and Project Examples

**International Corporation focused Media and Entertainment**

**HR Communications Intern** creating course contents for compliance and soft skills training classes, and implementing training classes including digital content into the company’s LMS for online use by employees.

**Boutique Search Firm**

**Recruitment Intern** assisting in recruitment efforts and campaigns and learn to source and match candidates to requirements. Assisting in entering, maintaining and updating candidate documentation and files.

**Start-up dedicated to building Candidate E-portfolios to Connect with Jobs**

**Customer Service Intern** building resources and templates to support troubleshooting and guidance for new candidates.