

Articulation Verification: Course to Course Alignment

WESTCHESTER COMMUNITY COLLEGE					SUNY Potsdam				
Degree:		A.S.			Degree:		B.S.		
Program of Study:		Health and Human Performance			Program of Study:		Exercise Science		
Course Prefix	Course Number	Title	Cr.	√	Course Prefix	Course Number	Title	Cr.	CR. APPLY TO 4 YR. DEGREE
CORE REQUIREMENTS									
ENG	101	Writing and Research	3		COMP	101	Writing/Critical Thinking	3	yes
COMM	109	Speech Communication	3		COMM	106	Principles of Speech	3	yes
ENG	102	Writing and Literature	3		LITR	100	Introduction to Literature	3	yes
MATH	140	Statistics	4		MATH	125	Probability/Statistics I	4	yes
Natural Sciences			8					8	yes
BIOL	121	Anatomy and Physiology 1 (and Lab)			BIOL	403	Human Anatomy & Physiology I		
BIOL	123	Anatomy and Physiology 2 (and Lab)			BIOL	404	Human Anatomy & Physiology II		
Social Sciences			3						
PSYCH	101	General Psychology			PSYC	100	Introduction to Psychology	3	yes
		The Arts, Foreign Language, or Other World Civilizations, see SUNY Gen. Ed.	3				The Arts, Foreign Language, or Other World Civilizations, see SUNY Gen. Ed.	3	yes
		American History or Western Civilization, see SUNY Gen. Ed.	3				American History or Western Civilization, see SUNY Gen. Ed.	3	yes
DEGREE REQUIREMENTS									
HHP	101	Personal Training	3		EXSC	305	Personal Training Fundamentals	3	yes
HHP	102	Personal Training Internship	1		EXSC	305	Personal Training Fundamentals	1	yes
HHP	120	Trends in Fitness & Human Performance	1		EXSC	LL	Exercise Science course	1	yes
HHP	130	Fitness Assessment and Prescription	3		EXSC	NL	Exercise Science course	3	yes
HHP	140	Care and Prevention of Athletic Injuries	3		EXSC	326	Health & Sports Management	3	yes
HHP	200	Exercise Physiology & Lab	4		EXSC	425	Exercise Physiology	4	yes
HHP	220	Kinesiology	3		EXSC	LL	Exercise Science course	3	yes
NUTR	101	Foundations of Nutrition	3		HLTH	333	Human Nutrition	3	yes
PE	110	Health and Fitness for Life	2		HLTH	165	Health: A Lifestyle Approach	2	yes
PE	116	First Aid/CPR/AED	1		HLTH	NL	Health course	1	yes
		Human Performance Elective, select ONE of the following courses:	3				Human Performance Elective, select ONE of the following courses:	3	yes
HHP	150	Foundations of Coaching			EXSC	303	Techniques of Coaching		
HHP	160	Principles of Athletic Training			EXSC	NL	Exercise Science course		
		Physical Education Electives (6 credits, see below)	6				PE electives (6 credits)	6	yes
PE	104	Badminton - Tennis			PE	102	Badminton		
PE	109	Lifeguarding/First Aid/CPR/AED (2 credits)			PE	NL	PE course		
PE	111	Learn to Swim			PE		Physical Education Activity		
PE	113	Swimming for Fitness			PE	131	Swim for Fitness		
PE	136	Fitness - Soccer			PE	119	Soccer		
PE	139	Fitness - Volleyball			PE	135	Volleyball		
PE	140	Fitness - Golf			PE	114	Golf		
PE	143	Fitness - Basketball			PE	118	Basketball		
PE	158	Introduction to PE Activities			EXSC	NL	Exercise Science course		
PE	218	Exercise and Conditioning			EXSC	NL	Exercise Science course		
TOTAL			63					63	
NOTES:									
WCC general education "gen. ed." course options are located at www.sunywcc.edu/gened									
Elective options located at: www.sunywcc.edu/catalog									