Daylight Savings Time Ends: Sunday, November 3rd

“Fall is about realizing what needs to fall from our lives, and what is strong enough to remain.” - Christine Beswick

Just for FUN

It’s time for our annual DRESS-UP WEEK!
The schedule is as follows:

Monday, Oct 28 – Silly Hat Day
Tuesday, Oct 29 – Stripes Day
Wednesday, Oct 30 – Pajama Day
Thursday, Oct 31 – Black and Orange Day
Friday, Nov 1 – Crazy Hair & Denim Day

Also, there will be a Dress-Up Parade at SPCCC on Wednesday morning Oct. 30 at 10:30 a.m. Parents and guests are welcome to attend.

INFLUENZA CLINICS AT SUNY POTSDAM
Kinney Drugs will be sponsoring an influenza clinic for SUNY Potsdam on October 11 & October 30 in Merritt Hall Gym from 10:00 am to 2:00 pm.

If you would like to set up an appointment, please call Kinney Drugs at 315-262-0529 so that they can collect your insurance information and schedule your appointment during the flu clinic.

Please note: Student Health Services has WALK-IN HOURS for FREE FLU VACCINES from 9-11:30 and 1-3:30 every day (M-F) FOR STUDENTS ONLY.

S’more Cake Recipe:

3 eggs, lightly beaten
1 8-ounce carton sour cream
1 cup water
1 2-layer size chocolate cake mix
1 cup all-purpose flour
1 cup sugar
1 cup tiny marshmallows
1 7-ounce jar marshmallow creme
¾ cup milk chocolate pieces
6 graham cracker squares, broken into 1” pieces

Coat a 6-quart oval slow cooker with cooking spray. In a large bowl whisk together eggs, sour cream, and water. Add cake mix, flour, and sugar and stir until just combined. Stir in marshmallows. Spoon into prepared cooker. Cover and cook on low for 3 to 4 hours or until internal temperature reaches 165°F. Cake will be wet just in the center.

Drop spoonfuls of marshmallow creme over hot cake (it will spread to an even layer as it stands). Sprinkle with milk chocolate and graham cracker pieces. Remove crockery liner from cooker. Let stand, covered, for 15 minutes. Uncover and let stand 15 minutes more. Serve with a spoon.